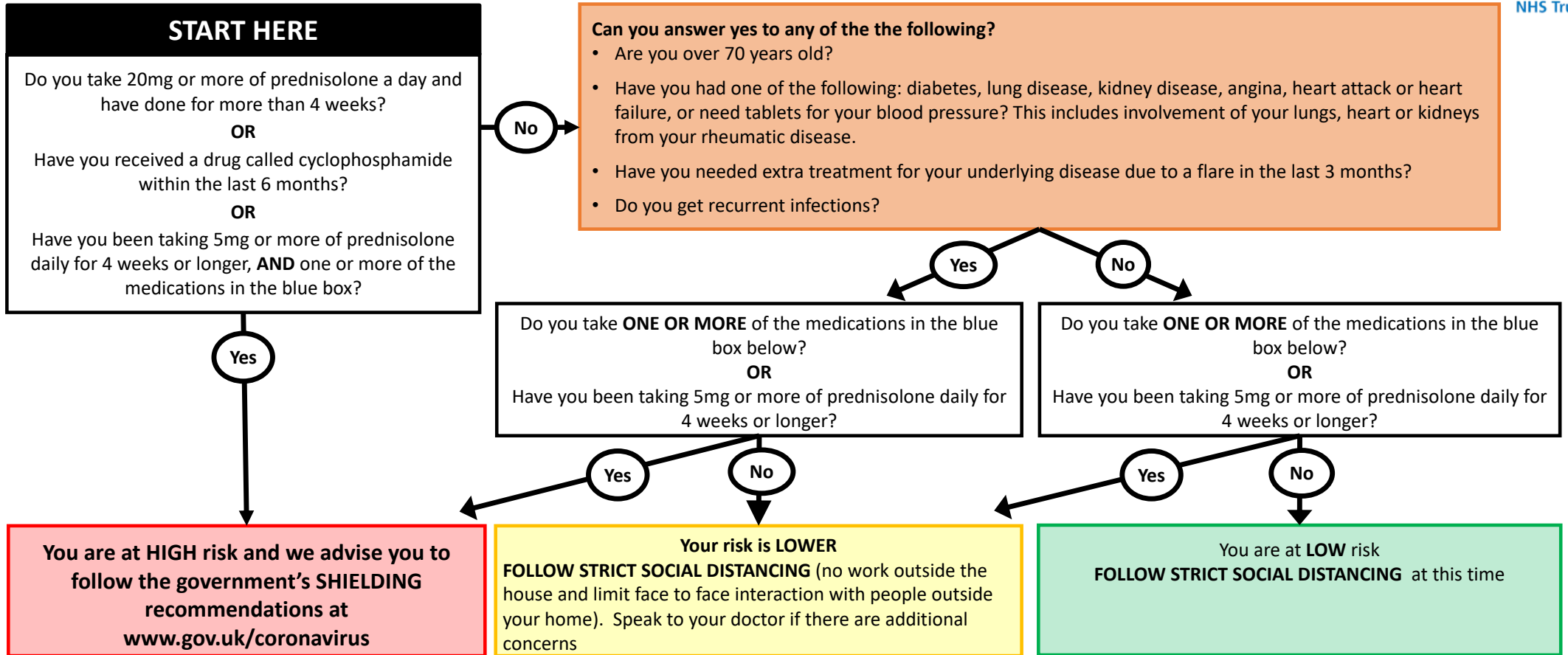


Guide to social distancing for rheumatology and ophthalmology patients

Based on guidelines from British Society for Rheumatology and related medical associations, created by consultant rheumatologists at Leeds Teaching Hospitals NHS Trust and adapted by UCSG



BLUE BOX
Conventional immunosuppressant medications include: azathioprine, leflunomide, methotrexate, mycophenolate (mycophenolate mofetil or mycophenolic acid), ciclosporin, cyclophosphamide, tacrolimus, sirolimus.
Biologic/targeted synthetic medications include: rituximab (within the last 12 months); or anti-TNF drugs (etanercept, adalimumab, infliximab, golimumab, certolizumab); tocilizumab; abatacept; belimumab; anakinra; secukinumab; ixekizumab; ustekinumab; sarilumab; canakinumab, baracitinib, tofacitinib, or any biologic biosimilars, eg, Amgevita, Hulio, Hyrimoz, Imraldi.